



Cleveland Wheelers Cycling Club



proudly presents

“Hilly 21 SPOCO”

21 Mile Time Trial (T211r)

Sunday 26th March 2023

Promoted for and on behalf of Cycling Time Trials under their rules and regulations



Event Secretary

Shaun O’Shea

07811 180571

shaunoshea01@gmail.com

Timekeepers

Bill Millen

Shereen Binks

Arriving at the Event

Parking

Parking is available in Stokesley town centre near the HQ and is approximately 1mile from the start.

Event HQ

The event HQ will be in Stokesley Town Hall which is in the main Stokesley car park (marked on the map below). This is where sign on and number collection and return will be stationed. Refreshments will be available after the event.

Toilets

There are public toilets facilities available in Stokesley Town Centre (marked on map below).



Warming Up - No U-turns within sight of the start line. The roads around Stokesley provide plenty of opportunities for warming up. Please do not use turbo trainers within 100m of inhabited properties.

Race Numbers and signing on sheet will be at the event HQ. When signing on, if applicable, please tick the required column to indicate that you are to compete on a road bike. Please pin numbers on as low as possible to assist timekeepers and number catchers in identifying you. If you could shout your number as you pass the finish line it would be much appreciated.

Course details

Start –

The start of the course is on the Stokesley-Hutton Rudby Road at field entrance approx. 200yds east of Seamer Road. The first rider starts at 9:02 am

Please don't join the queue at the start for any longer than 6 minutes before your start time and respect social distancing. The start marshal will be able to give you information as to current line-up and how long you have to go before your start.

There will be no pusher-off so all riders must start with one foot on the ground. Track stands and rolling starts are not permitted.

If you are riding in the road bike category the start marshal will check your machine.

You must have a helmet and working front and rear lights to start in the event. Please don't forget this!

T211r - Start on Stokesley- Hutton Rudby road at field entrance approx. 200yds east of Seamer Road. Proceed to Hutton Rudby. Keep left at the top of Skutterskelfe bank and descend Rudby bank (CAUTION!) At the top of Hutton bank, in the village bear left and take the 4th left into Blackhorse Lane (Signposted Swainby). Continue to the junction with the A172 where turn left (CAUTION!) Proceed to Stokesley Leisure Centre roundabout and take the 4th exit (CAUTION!) Continue to Great Broughton, where at a mini roundabout turn left. Continue to Ingleby Greenhow, turning right (CAUTION!) at junction. Proceed to cross railway line and at T junction turn left (CAUTION!) Proceed to the finish, after farm buildings.

Strava segment <https://www.strava.com/segments/20037557>

CTT Course Info <https://www.cyclingtimetrials.org.uk/course-details/t211r>

What happens when the race is finished?

Return your number - Please return your race number to the box at the event HQ.

Results and Prize Presentation – We will hold a small prize presentation following the event for the main categories only but results will be made available via email to participants.

Refreshments will be available for free at the event HQ after the event. Any donations towards this will be donated to our nominated charities this year.

If there are any queries with times etc please let us know before end of day Tuesday 28th March after which full results will be posted on the CTT website.

Prizes will be paid directly to participants, you will be contacted for bank transfer information, or if nominated (please let the organiser know) prizes can be donated to the nominated local charity which the Cleveland Wheelers support. Recent ones include Great North Air Ambulance, Stockton MIND, Bowel Cancer UK.

Attention!!

Rudby Bank - Please take care when descending the steep hill in Hutton Rudby as there are bends at the bottom of this hill.

Speed Limits - In Hutton Rudby, Great Broughton and Ingleby Greenhow which you pass through there are speed limits. Please adhere to these limits.

Road Centre Line - Please do not cross the centre line of the road unless required to when passing riders, vehicles or parked vehicles. Ensure that it is safe to do so beforehand.

Helmets - It is now a requirement for all riders to wear a HARD SHELL HELMET that meets an internationally accepted safety standard in Accordance with Regulation 15.

Front and Rear Lighting - A working front white and rear red light, either flashing or constant, is fitted to the machine in a position visible to other road users and is active while the machine is in use.

COVID guidance - You must follow any current government guidelines in place at the time of the event.

Course Records Overall

Solo Male

43:42

Keith Murray

12-Mar-17 | Cleveland Wheelers CC (Sporting Course)

Solo Female

50:22

Anna Turvey

15-Mar-20 | Cleveland Wheelers CC (Sporting Course)

Solo Male (Junior)

47:16

William Wood

12-Mar-17 | Cleveland Wheelers CC (Sporting Course)

Solo Female (Junior)

47:16

Daisy Freer

20-Mar-22 | Cleveland Wheelers CC (Sporting Course)

Tandem

1:15:53

Stephen Newton, Nadeem Mughal

20-Mar-22 | Cleveland Wheelers CC (Sporting Course)

Prizes

- Overall Fastest Rider** awards will be given to riders who clock the fastest overall times for the full course. In the unlikely event that a Road Bike rider is first overall, or 2nd/3rd, they will not be able to claim the Road Bike prizes and these will be pushed down to the next rider. Overall top 3 riders will be able to claim age group prizes. Age group prizes are for overall fastest time only.

Overall	Male	Female
1 st	£30	£30
2 nd	£20	£20
3 rd	£10	£10

Road Bike	Male	Female
1 st	£20	£20
2 nd	£13	£13
3 rd	£8	£8

Other	
Tandem	£15

Age Group	Male	Female
Junior	£10	£10
Veteran 40-49	£10	£10
Veteran 50-59	£10	£10
Veteran 60+	£10	£10

- Course Record.** Break current course record. Only the fastest Senior and Junior times of the day will be eligible. Note there is no prize if there is no current record.

Course Record	Male	Female
	£10	£10

- 3. Andrew Hutton Memorial Trophy.** The fastest time of the day will receive this trophy for one year.

Road Bike Definition

The current definition used by the CTT Teesside will be utilised. If this differs from the below their definition will be used.

The Rider:

1. No time trial style pointy helmets (including Kask Bambino), or helmets with built in visors should be worn.
2. Use of skinsuits is permitted
3. No riding with elbows or forearms on the handlebars. If witnessed, the competitor will be disqualified.

The Cycle:

1. The frame should be constructed in the traditional pattern, i.e. built around a main triangle.
2. No time trial style or triathlon forward extension bars with or without elbow pads should be present.
3. Wheels should be of a spoked construction, with a minimum of 12 spokes and a maximum depth of 65mm.

